

Food Sovereignty Resources

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This document contains a list of various sources of information, organized in these categories: 1) Podcasts & Other Audio Stories, 2) Short Films, Documentaries & TedTalks, 3) Books & Articles, and 4) Websites. This is not an exhaustive list of resources, nor is it intended to be. However, it is designed to include information for all kinds of learning journeys, and it represents Food Sovereignty interests of the creator. If you would like to add to our list, please contact us!

Podcasts & Other Audio Stories

Listen to some of the following audios for place-based, people-based Food Sovereignty stories

Toasted Sister Podcast <https://toastedsisterpodcast.com/>

Radio about Native American food

Gastropod <https://gastropod.com/>

Food with a side of history and science

The Fifty One podcast <https://www.stitcher.com/podcast/range/the-fifty-one>

The Fifty One is a nod to the fact that women make up 51% of the U.S. population. In each season, we take a national issue and work with local reporters across the country to explore its impact on women at the local level. In season 1, we're tackling food insecurity—the drivers of it, solutions, and what it really looks like in communities across the country.

All My Relations podcast <https://www.allmyrelationspodcast.com/>

Hał slaxill and Osiyo! All My Relations is a podcast hosted by Matika Wilbur (Swinomish and Tulalip) and Adrienne Keene (Cherokee Nation) to explore our relationships—relationships to land, to our creatural relatives, and to one another.

On Being interview with Robin Wall Kimmerer, “The Intelligence in All Kinds of Life”

<https://onbeing.org/programs/robin-wall-kimmerer-the-intelligence-in-all-kinds-of-life/>

“Why is the world so beautiful?” This is a question Robin Wall Kimmerer pursues as a botanist and also as a member of the Citizen Potawatomi Nation. She writes, “Science polishes the gift of seeing, indigenous traditions work with gifts of listening and language.” An expert in moss — a bryologist — she describes mosses as the “coral reefs of the forest.” Her work opens a sense of wonder and humility for the intelligence in all kinds of life we are used to naming and imagining as “inanimate.” She says that as our knowledge about plant life unfolds, human vocabulary and imaginations must adapt.

Short Films, Documentaries & TedTalks

Check out some of following viewing on Food Sovereignty themes for more understanding

Ogichidaa Storytellers (Finn Ryan) <https://www.glifwc.org/publications/>

Video series supported by the Great Lakes Indian Fish and Wildlife Commission about the struggle for Anishinaabeg to retain treaty reserved harvesting rights throughout the ceded territory.

- Crossing the Line: Tribble Brothers
- Lifting Nets: Gurnoe Decision
- Gathering the Pieces: The Jondreau Decision
- Place of the Pike: Ginoozhekaaning

The Ways (Wisconsin Media Lab) <https://theways.org/>

Stories on culture and language from Native Communities around the Central Great Lakes

- Manoomin: Food That Grows On Water
- Spearfishing: A Living History
- Hunting Deer: Sharing The Harvest
- Lake Superior Whitefish: Carrying On a Family Tradition

TedTalks

- **24 TED Talks That Will Help Save the Food System**
<https://foodtank.com/news/2015/02/twenty-four-ted-talks-that-will-help-save-the-food-system/>
- **Food Sovereignty**
<https://tedxseattle.com/talks/food-sovereignty/>
Valerie Segrest, a member of Muckleshoot tribe and native foods educator tells us to listen to the salmon and cedar tree, who teach us a life of love, generosity and abundance, and to remember when we take better care of our land, we are taking better care of ourselves.
- **Indigikitchen: Healing from trauma through traditional foodways**
<https://www.youtube.com/watch?v=1N6e0DnGq38>
As a member of the Blackfeet Nation, Mariah Gladstone shares the importance of an Indigenous based diet. For Native people, strengthening the spiritual tie enables us to see the wisdom of our ancestors and the inherent values of our identities. For non-Native people, adopting an indigenous diet encourages consideration of the gifts of the earth and how it nourishes us, while also reminding us to care for it.
- **Winona LaDuke - Seeds of Our Ancestors, Seeds of Life**
<https://www.youtube.com/watch?v=pHNlel72eQc&vl=en>
Winona is an internationally renowned activist working on issues of sustainable development, renewable energy and food systems. She lives and works on the White Earth reservation in northern Minnesota. As Program Director of Honor the Earth, she works nationally and internationally on the issues of climate change, renewable energy, and environmental justice with Indigenous communities.

Documentaries

- Ingredients <https://tubitv.com/movies/312585/ingredients>
- Mad Cow Sacred Cow <http://www.cultureunplugged.com/documentary/watch-online/play/53504/Mad-Cow-Sacred-Cow>
- Dirt! <https://www.youtube.com/watch?v=uHhhHpohglg>
- Last Call at the Oasis https://tubitv.com/movies/312545/last_call_at_the_oasis
- The Future of Food https://www.youtube.com/watch?v=KpCgzk_4Yp8
- A Place at the Table <https://www.youtube.com/watch?v=KRK1c8GnYfY>
- Vanishing of the Bees https://tubitv.com/movies/372306/vanishing_of_the_bees
- Salmon: Running the Gauntlet <http://www.pbs.org/video/nature-salmon-running-the-gauntlet-1/>
- Manistee Nme: A Lake Sturgeon Success Story (DVD)
- Forks over Knives (Netflix)
- Cooked series (Netflix) Fire, Water, Air, and Earth

Books & Articles

Read some of the following books and articles on Food Sovereignty themes to learn more

Cadieux, Kirsten Valentine and Rachel Slocum (2015)

What does it mean to do food justice? Journal of Political Ecology, Vol. 22

Castañeda-Álvarez, Nora P., Colin K. Khoury, Harold A. Achicanoy, ... & Jane Toll (2016)

Global conservation priorities for crop wild relatives. Nature Plants, volume 2, Article number: 16022.
doi:10.1038/nplants.2016.22

- Coté, Charlotte (2016)
“Indigenizing” Food Sovereignty: Revitalizing Indigenous Food Practices and Ecological Knowledges in Canada and the United States
 First Nations Development Institute (2016)
Roots of Change: Food Policy in Native Communities. Longmont, CO
- Gagnon, Valoree, Hugh Gorman, Emma Norman (2018)
Eliminating the Need for Fish Advisories in the Great Lakes Region: A Policy Brief. Great Lakes Research Center, Report No. 50
- Goldstein, Alyosha (2018)
The Ground Not Given: Colonial Dispositions of Land, Race, and Hunger. *Social Text*, 135(36):2. DOI 10.1215/01642472-4362373
- International Commission on the Future of Food and Agriculture (2006)
Manifesto on the Future of Seed. Italy
- LaDuke, Winona (2005)
Recovering the Sacred: The Power of Naming and Claiming. Chicago(IL): Haymarket Books
- Mares, Teresa M. and Devon G. Peña (2011)
Environmental and Food Justice: Toward Local, Slow, and Deep Food Systems. In *Cultivating Food Justice: Race, Class, and Sustainability*, pp 197-219, edited by Alison Hope Alkon and Julian Agyeman. Cambridge, Massachusetts: The MIT Press
- Raster, Amanda & Christina Gish Hill (2016)
The dispute over wild rice: an investigation of treaty agreements and Ojibwe food sovereignty. *Agric Hum Values*, DOI 10.1007/s10460-016-9703-6
- Trauger, Amy (2017)
We Want Land to Live: Making Political Space for Food Sovereignty. University of Georgia Press
- Whyte, Kyle Powys (2015)
Indigenous Food Systems, Environmental Justice, and Settler- Industrial States. In *Global Food, Global Justice: Essays on Eating under Globalization*, edited by M. Rawlinson, 143– 166. Newcastle upon Tyne, UK: Cambridge Scholars Publishing
- Whyte, Kyle Powys (2016)
Indigenous Food Sovereignty, Renewal, and US Settler Colonialism. In *The Routledge Handbook of Food Ethics*, edited by M. Rawlinson and C. Ward, 354– 365. NY: Routledge
- Whyte, Kyle Powys (2017)
Food Sovereignty, Justice, and Indigenous Peoples: An Essay on Settler Colonialism and Collective Continuance, pp 345-366. In *Oxford Handbook on Food Ethics*. Edited by A. Barnhill, T. Doggett, and A. Egan. Oxford University Press

Websites

Visit the following websites for more knowledge on Food Sovereignty and to find out more on how to support and engage with those that do Food Sovereignty work

First Nations Development Institute <https://www.firstnations.org/>
Strengthening Native American Communities & Economies

Food First <https://foodfirst.org/>
The Institute for Food and Development Policy, better known as Food First, works to end the injustices that cause hunger through research, education and action.

La Via Campesina International Peasants Movement <https://viacampesina.org/en/>
Globalizing hope, globalizing the struggle